

# Helge Hasselmann

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## EDUCATION

2014-2017	<b>PhD, Medical Neurosciences (NeuroCure Exzellenzcluster PhD Fellowship) - Charité Universitätsmedizin Berlin (Germany)</b>
2012-2014	<b>Research Master of Science, Cognitive and Clinical Neurosciences (Neuropsychology) - Maastricht University (The Netherlands)</b> Grade 8.89, with distinction
2009-2012	<b>Bachelor of Science, Psychology - Würzburg University (Germany)</b> Grade 1.2, with distinction
1999-2008	<b>University-entering diploma - Grammar School Winsen/Luhe (Germany)</b> Grade 1.9

## RESEARCH EXPERIENCE

Feb. – Mar. 2015	<b>PhD Lab Rotation – Department of Clinical Neuroimmunology, Charité Universitätsmedizin Berlin (Germany)</b>
Dec. 2014 – Jan. 2015	<b>PhD Lab Rotation – Department of Psychiatry, Charité Universitätsmedizin Berlin (Germany)</b>
Oct. – Nov. 2014	<b>PhD Lab Rotation – Department of Molecular Psychiatry, Charité Universitätsmedizin Berlin (Germany)</b>
Nov. 2013 – Jul. 2014	<b>Graduate Research Intern - Department of Psychiatry (Clinical Psychopharmacology Unit), Oxford University (United Kingdom)</b>
Jul. – Aug. 2013	<b>Research Intern - Department of Psychiatry, Psychotherapy and Psychosomatics, Aachen University Hospital (Germany)</b>
Jun. 2013	<b>Volunteer Student Research Assistant - Department of Neuropsychology and Psychopharmacology, Faculty of Psychology and Neurosciences, Maastricht University (The Netherlands)</b>
Apr. – Aug. 2013	<b>Student Investigator - Würzburg University (Germany)</b> Student EEG research project “Conditionability of socially relevant and neutral stimuli”.
Jul. 2011 – Jul. 2012	<b>Student Research Assistant - Chair II Würzburg Institute of Psychology (Social Psychology) (Germany)</b>
Aug. – Sep. 2011	<b>Student Research Intern - Chair I Würzburg Institute of Psychology (Biological and Clinical Psychology) (Germany)</b>

## CLINICAL EXPERIENCE

Apr. – May 2011	<b>Clinical Intern - Department of Psychiatry, Psychotherapy and Psychosomatics, Würzburg University Hospital (Germany)</b>
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## TALKS AND PRESENTATIONS

- Nov. 2015            **Invited Talk** - Hanse-Wissenschaftskolleg Delmenhorst entitled "Relevanz von Fatigue und vegetativen Symptomen im Kontext MS-assoziiertes Depression"
- Mar. 2016            **Talk** - Deutscher Kongress für Psychosomatische Medizin und Psychotherapie entitled „Biologische Stress-Reaktionssysteme und Krankheitsaktivität bei MS“

#### POSTERS AND PUBLICATIONS

- de Kloet, Otte, Kumsta, Kok, Hillegers, Hasselmann et al. (2016). Stress and Depression – a crucial role of the mineralocorticoid receptor. *Journal of Neuroendocrinology*.
- Hasselmann et al. (2016). Characterizing the phenotype of multiple sclerosis-associated depression in comparison to idiopathic major depression. *Multiple Sclerosis Journal*.
- Hasselmann et al. (in prep). Phase shift and bipolar disorder – time to cast light on a recently overlooked variable?
- Hasselmann (2016). Interaction of ketamine and cannabis in bipolar disorder. *Biological Psychiatry*.
- Hasselmann et al. (2015). Characterizing the phenotype of depression in multiple sclerosis: relative contribution of somatic symptoms as a moderator of depression severity. *ECTRIMS 2015*.
- Hasselmann (in press). Antidepressant and abuse potential of ketamine. In "The Neuropathology of Drug Addiction and Substance Misuse Volume 2. Academic Press: London.
- Godlewska, Hasselmann et al. (2014). Short-term escitalopram treatment and hippocampal volume. *Psychopharmacology*, 231(23), 4579-81.
- Hasselmann (2014). Scopolamine and Depression: A role for muscarinic antagonism? *CNS & Neurological Disorders – Drug Targets*, 13(4),673-683.
- Hasselmann (2014). Ketamine as antidepressant? Current state and future perspectives. *Current Neuropharmacology*, 12(1), 57-70.
- Sisario, Lazarus, Hasselmann et al. (2011). Der Froschkönig – faziale Mimikryreaktionen auf Kussmundausrücke. Presented at Student Poster Conference, Würzburg University.

#### AWARDS

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| 2015 | ECTRIMS Travel Grant                                     |
| 2015 | Travel Grant Freunde und Förderer der Charité e.V.       |
| 2014 | "With distinction" graduation from Maastricht University |
| 2014 | NeuroCure Exzellenzcluster PhD Fellowship                |
| 2012 | "With distinction" graduation from Würzburg University   |
| 2011 | 2nd Prize Student Poster Award                           |

#### REVIEWER

CNS & Neurological Disorders-Drug Targets  
 Current Neuropharmacology  
 Current Psychiatry Reviews  
 Recent Patents on CNS Drug Discovery  
 Psychopharmacology  
 Psychosomatic Medicine  
 Psychoneuroendocrinology

#### PERSONAL SKILLS AND COMPETENCES

- Technical Skills**
- Statistical data analyses (SPSS, AMOS, LISREL).
  - Basic experience with Presentation, Python and MATLAB.
  - Experience with EMG and EEG research methods.
  - Experience with Magnetic Resonance Imaging analysis (FSL).
  - MRI measurement assistant qualification (Aachen University Hospital, Germany).

FMRIB Graduate Program course certificate (Oxford University, UK)

**Languages**

**German** Native speaker

**English** Working proficiency  
Cambridge Certificate of Advanced English, Grade A (2008)

**French** Fluent

**Spanish** A2