



Subjective age and health across adulthood and old age: Current knowledge and future directions

Prof. Dr. Yannick Stephan (Université de Montpellier)

Donnerstag, 25. Januar 2018, 16:00 Uhr, Charité Universitätsmedizin Berlin Campus Benjamin Franklin, Klinik für Psychiatrie und Psychotherapie, Hindenburgdamm 30, 12200 Berlin, Haus V, Konferenzraum, Raumnr. I 358 [1. Stock, Ausgang A, neben der Cafeteria]

Subjective age, i.e., how old or young individuals feel, is a growing area of research in gerontology. In this talk Prof. Yannick Stephan will present research on the role of subjective age as a novel, alternative biopsychosocial marker of aging. In particular, he will detail recent findings and future directions on the determinants and implications of subjective age for a range of outcomes, spanning from biological functioning to dementia and mortality, independent of chronological age.
